



MABAC RUNNING LEAGUE

The Surrey Slog

NOT FOR THE FAINT HEARTED (EXPECT + 15% ON NORMAL ½ MARATHON TIMES)

Holmbury Hill XC Half Marathon

Held under ARC Rules – Minimum age 17 years on the day

Sunday 20th July 2008

Event starts 10.00 am.

Fees: £7.00 attached - £9.00 unattached to ARC or UKA. ENTRIES ON THE DAY £10
Results will be on the MABAC web site or copy of results on request.

Medals to all finishers

Venue: Duke of Kent School, Nr. Peaslake, Surrey. O.S. No. 187/089430 Woolpit School.

Car route to the start:

From A3/M25 - Junction 10 - turn onto A3 heading WEST towards Guildford, in approx. 1 ½ miles follow the B2215 through Ripley, in approx. 1 ½ miles turn LEFT onto A247, through West Clandon and ahead over a double set of traffic lights to cross the A246 and onto the A25 towards Newlands Corner, over Newlands Corner descend towards Silent Pool, turn RIGHT onto A248, in approx. 500 yards turn LEFT into New Road, in approx. ½ mile turn LEFT into Park Road (sign posted PEASLAKE), in approx. 1 mile there is a RIGHT and immediate LEFT turn into Hook Lane, carry on for approx. 2 miles on a narrow road through Peaslake, onto the Ewhurst Road for approx. 1 ¼ miles and the Duke of Kent School is on your RIGHT.

Map on MABAC web site: www.mabac.org.uk



FIRST NAME SURNAME

ADDRESS

..... POST CODE

Telephone Number: E-mail:

Date of Birth:/...../..... Male/Female: Club:

Minimum Age 17 years

PLEASE MAKE CHEQUES PAYABLE TO "BLACKWATER VALLEY RUNNERS"

I declare that I will only take part in the chosen event if I am fit and I will not hold the organisers responsible for any loss or injury however caused.

Data protection. Your details are held on computer for our own use only and will not be passed to any third party except for publication of the results.

Unavoidable Cancellation. In the event of cancellation of the *Surrey Slog* in circumstances beyond our control we reserve the right to deduct up to £2, before refunding any entry fees, to help defray our costs incurred.

Signature: Date:

Official Use Only (Race Number)

Entries to: The Event Secretary, 22 Grange Farm Road, Ash, Aldershot, Surrey GU12 6SJ
Web site www.mabac.org.uk E-mail: slog-secretary@bvrunners.org.uk